



Wash your hands often with soap and hot water for at least 30 seconds



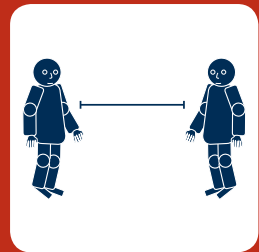
Cough and sneeze into your elbow



Avoid touching your eyes, nose and mouth



Stay at home if you feel unwell, even if you only feel slightly unwell



Keep your distance to others – even your friends



Stay at home if you are older than 70 years

CORONAVIRUS/COVID-19

Protect yourself and others from spread of infection



TRANÅS
KOMMUN